|  |
| --- |
| January-April |
| * Take your final MCAT
* Request and Obtain your letters of recommendation
* Brainstorm, outline, and write your personal statement
* Brainstorm outline and write your MD-PhD essay (if you plan to apply to MD-PhD programs)
 |
| May |
| * Submit your applications ASAP (no rocky)
	+ AAMCOMAS (for DO)
	+ AAMCAS (for MD)
	+ TMDSAS (for Texas MD)
* Finalize your school list
* Begin to pre-write your secondary applications
* Remind recommendation letter writers to send in their work
* Order official transcripts from every college/university attended
* Register for CASPer Test
 |
| June |
| * Again, submit your applications if you have not already (without sacrificing quality)
* Make sure official transcripts and recommendation letters have been sent and received
* Continue prewriting secondary applications
 |
| July-August |
| * Submit secondary applications (as soon as possible after receiving them, without sacrificing quality of course)
* Prepare for Interviews
* Send letters of [interest](https://www.shemmassianconsulting.com/blog/how-to-write-medical-school-letter-of-intent-or-letter-of-interest), with updates, prior to receiving interviews, if appropriate (i.e., if you have significant updates to share and at least a month has passed since submitting your secondary)
 |
| September-April |
| * Review admission and financial aid offers
* Negotiate financial aid offers
* Select a program to attend
* Ball out
 |

APPLICATION YEAR (as early as your Junior year of undergrad)

This is the year before you plan to matriculate into medical school. (If I plan to attend medical school in 2024, then 2023 is my application year)